

CZECH INDOOR GALA 2019

Including 15th Ostrava High Jump

Organised by: Czech Athletic Federation

Local organiser: Athletic Club SSK Vítkovice

Date: Tuesday 12 February 2019, start of the competition: 15:45

Venue: Ostrava - Athletic Hall

Ruská 3077/135

700 30 Ostrava-Zábřeh

Organising committee

Chairman: Tomáš Janků
EA Technical Delegate: Ivan Pavunc
Technical Director: Oldřich Zvolánek
Competition Director: David Bor
Athletes Liaison: Pavel Tunka tunkapa@seznam.cz
Promotion, Press: Karolína Farská
Nikola Samková
Šárka Mokrý
Marketing: Josef Čech
Economy, Finance: Tomáš Taubr
Meeting Manager: Ludmila Pudilová
Event Presentation: Adam Nedvídek

Entries

Foreign competitors shall contact Athletes' Liaison Pavel Tunka: tunkapa@seznam.cz until Thursday 7th February 2019, 18:00 the latest.

Events

National events

Women: 60 m, 800 m, 60 m Hurdles

Men: 60 m, 200 m, 1 500 m, 60 m Hurdles (M U20), Shot Put 6kg (M U20)

4x400 Mixed Relay (regional teams' competition U20)

SOUČÁSTÍ MÍTINKU XV. ROČNÍK OSTRAVSKÉ LAŤKY

GENERÁLNÍ PARTNER ČESKÉHO ATLETICKÉHO SVAZU

 **ČESKÁ**
spořitelna

 HOLLANDIA

 SEAT

 Česká pošta



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International events

Women: 60 m, 300 m, 1 500 m, 4x400m, High Jump, Pole Vault, Long Jump (mixed competition)

Men: 60 m, 300 m, 800 m, Shot Put, Long Jump (mixed competition)

Call room

Every competitor has to report in the call room by the entrance to the athletic tunnel.

track event closed 15 min before start

shot put, jumps closed 40 min before the event

pole vault closed 70 min before the event

Bib numbers

Available on Tuesday 12th February 2019 from 11:00 until 90 min before the event at the entry desk in the athletic tunnel.

Competition Office

Will be opened in the Athletic hall, room N°204, 2nd floor.

Warm-up area

All athletes may warm up in the Athletic hall on Monday 11th February (15:00 – 19:00) and in the athletic tunnel on Tuesday 12th February (9:00 – 12:00) - entrance from the parking lot E.

Personal Equipment

All personal throwing equipment will be checked out in marked room in the athletic tunnel 60 minutes before start of the event at the latest.

Winners

Winners of International events of all events will be awarded together during the Award Ceremony at the end of the meeting.

Results

At the stadium: information boards in the room N°114 (1st floor, entrance hall) and in the room N°002 (1st floor, entrance from the parking lot E).

On the Website of the Czech Athletic Federation (<http://www.atletika.cz>) and SSK Vítkovice (<http://www.atletika-vitkovice.cz>).

Jury

EA Technical Delegate: Ivan Pavunc

Chairman: Tomáš Janků

Meeting Manager: Ludmila Pudilová

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Doping control

Will take place in the Athletic Hall, room marked N°111 (1st floor), for all selected athletes.

Doctor

MUDr. Petr Sikora, available during the competition in the room N°108 (1st floor).

Timetable

National Program		
15:15	60 m	M
15:30	60 m Hurdles	W
15:35	Shot Put	MU20
15:38	60 m Hurdles	MU20
15:43	High Jump	W
15:45	800 m	Ž
15:51	60 m	M H
16:03	60 m	W
16:15	1500 m	M
16:25	200 m	M
International Program		
16:45	Opening Ceremony	
16:52	4 x 400 m	W
17:00	Pole Vault	W
17:03	1 500 m	W
17:12	Long Jump	MIX
17:15	300 m	M
17:25	4 x 400 m	MIX
17:32	Shot Put	M
17:40	60 m	W
17:55	60 m	M F
18:10	300 m	W
18:30	800 m	M
18:45	Closing Ceremony	

Timetable is subject to change, please check it out 2 days before on www.atletika.cz.

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Disclaimer

The Organisers accepts no liability for any loss, damage, accident or injury to person property occurring for whatever reason during the event or training session. Acceptance of this disclaimer by competitors is a condition of entry.

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